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Sweden Clarkson Community Center
4927 Lake Road South, Sweden
Phone: 585-431-0090 Fax: 585-431-0052
www.swedenclarksonrec.com

The Center
133 State Street, Brockport
Phone: 637-8161 Fax: 637-0205
www.swedenclarksonrec.com

Registration Policy

To register for S/C Recreation Programs, payment must be submitted with a completed registration form for each participant and program. Please register early to avoid cancellation of programs. In the case of sports programs, participants/teams must meet registration deadline. Registrations accepted via mail, fax, e-mail or on-line.

Non-Resident Policy

Any person not residing in the Towns of Sweden or Clarkson may be charged an additional fee. Fees will be listed under program pricing.

Credit/Refund Policy

Refunds will be given upon request to anyone who cancels from a program at least one week (5 business days) prior to the start of the program or in the case of sports programs, 3 weeks prior to the 1st practice. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds are subject to a \$10 processing fee per person/per program. Certain programs, such as the fitness center are non-refundable.

Gift Certificates

Gift Certificates are for Sweden/Clarkson Recreation Department programs only and cannot be redeemed for cash or refund to a credit card.

Financial Assistance/Scholarships

Financial assistance and scholarships are available prior to registration for a program. Grant applications will be reviewed upon receipt of completed application, requested documentation and completed registration form.

Videotaping

No videotaping is permitted in the Comm Ctr without the advance written permission of the Recreation Director.

Locker Rooms and Lockers

There are locker rooms and shower available for use by our fitness center members. Lockers available on a daily basis. Locks available upon request.

Weather Cancellation Hotline

Program status is updated on the 24-hour information at 585-431-0085. The hotline is updated by 4:30 pm daily. Facility Closing Information is sent to YNN News.

Facebook

Like us on Facebook at Sweden Clarkson Recreation
Like us on Facebook at The Center in Brockport NY

Payment Options

Payments for programs may be made by cash, check or if using our on-line system by credit card.

Community Center Hours

Jan. 1—March 31 Monday—Friday 6 am—9 pm
Saturday 8 am—6 pm
Sunday 8 am—4 pm

CLOSED

January 1 New Years Day

The Center Hours

January 1-March 25 M/T/Th/F 9am-3pm
Wednesday 9am-4pm

Closed: January 1, 15 & 18; February 15; March 25

Directory

Recreation Supervisor Jill Wisnowski 431-0050
jillw@townofsweden.org
Recreation Assistant Joe Kincaid 431-0088
joek@townofsweden.org
Recreation Assistant Megan DeMarco 431-0086
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Recreation Assistant Grant Holupko 431-0087
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The Center Staff Deanna Irvine 637-8161
deannai@townofsweden.org

Sweden Town Board

Supervisor Rob Carges 637-7588
Councilperson Robert Muesebeck
Councilperson Rebecca Donohue
Councilperson Donald Roberts, Jr.
Councilperson Danielle Windus-Cook

Clarkson Town Board

Supervisor Paul Kimball 637-1131
Councilperson Allan Hoy
Councilperson Christa Filipowicz
Councilperson Patrick Didas
Councilperson Jackie Smith

Website

www.swedenclarksonrec.com

Facebook

Sweden Clarkson Recreation
The Center in Brockport NY

A message from your recreation department

Dear Sweden/Clarkson Residents,

Let's make a pledge together. In the coming months no matter how much snow we get, no matter how many cloudy days, no matter how sub-freezing the temperatures—we are going to bundle up, get outside and recreate! No sitting in the house waiting to turn the page on the calendar. We're going to make the best of our winter months to improve our physical and mental health!

For myself—I'm going to give cross-country skiing a try. We have great places for novices to get started—the Sweden Town Park, Clarkson's Hafner and Ridge Road Parks, and don't forget Northampton Park in our back yard.

Inside this brochure, you'll see a learn-to-downhill ski or snowboarding package and horseback riding. But it doesn't take a formal program for you to enjoy our great outdoors. The hill at the Community Center is a great place for sledding (again, don't forget Northampton Park). The Sweden Town Park and Hafner Park have outdoor skating—as weather permits. The parks are also a great spot to try snow shoeing or just take a walk. The new dog park at Sweden Town Park gives the furriest member of your family, and you, another place to exercise.

Our bodies need to keep moving in the winter. A sedentary lifestyle leads to a shorter, less healthy life. Our minds need our bodies to be active, too. Physical activity is proven to help ward off depression and certain forms of dementia.

Being outside in the winter infuses your body with fresh air—compared to recirculated, heated air and with some beneficial sunshine—even on seemingly sunless days. So join me, outdoors this winter and we'll all be healthier and happier when spring arrives!



Jill Wisnowski

Recognizing that we can't be outside all the time in the winter, we have a lot of great indoor programs to keep you fit, active and engaged! Just a few of our newer offerings include: Pilates Mat (for the first time), Group Ex Training, Judo, a Pickleball League and a Youth Archery Tag Tournament. There's also a new beer brewing class with Turk Thomas and a drawing class with Brockport's own Sarah Hart. All of our staple programs are here: from Jazzercise, Zumba and Yoga to swim lessons, Tae Kwon Do and volleyball. We have technology, dance, cards, bingo, cooking, arts and crafts, service groups and tot programs. And yes, we're peeking ahead to spring—all the information you need for summer soccer and baseball/softball is inside.

Come on and stay healthy and happy with us this winter!

The other piece of the puzzle.... good nutrition

While the Sweden/Clarkson Recreation Department focuses on providing our residents with a wide range of physical activities to keep us fit; educational activities to help us grow; and social activities to keep us connected; there is another big part to our health.... nutrition.

We all know we need to make better choices in our food selection. Our doctors tell us, our children learn about it in school, reports about the consequences of unhealthy eating choices and habits are featured frequently in every media outlet.

One of our problems as a society is our busy lifestyle. So many of our food choices are not about what is best for us but about what is easiest, handiest, quickest. Knowing that and being committed to help our residents improve their health in every way, the Sweden/Clarkson Recreation Department is offering an alternative to our vending machine and snack bar snacks.

We have engaged Healthy U, a local company, to provide healthy snack options at the Community Center. Two or three times a week, Healthy U delivers fresh fruits to a display in our lobby. Now you have a choice if you need a little snack before, during or after a recreation program. You can grab an apple, orange, banana, pear, etc. The price is reasonable and the health benefit can't be beat.

Swap a candy bar for a piece of fruit. Little changes like this can go a long way to improving health. Your recreation staff is happy to help you make the changes!



Summer Soccer—it's time to think ahead!

GENERAL INFORMATION

What is MURSL? It is the Monroe United Recreation Soccer League, a recreational youth soccer league where the focus is fairness, character and good sportsmanship. Visit MURSL.org to find league rules and information; coaches and contact lists; field information and schedules. Participation in this league requires travel to other towns for games.

Important! Age as of August 1, 2015 determines level of play!

Attention! Volunteer coaches and referees are needed for all levels of play!

Deadline! The registration deadline is March 22.

U-4 SOCCER (Ages 3 & 4)

Program #3867-A
Wednesdays at 6:30 pm June & July
Fee: \$32

All games are played at the Community Center, 4927 Lake Road.

U-6 SOCCER (Ages 5 & 6)

Program #3867-B
Mondays at 6:30 pm June & July
Fee: \$32

All games are played at the Community Center, 4927 Lake Road.

U-8 GIRLS SOCCER (Ages 7 & 8)

Program #3867-C
Tuesdays/Thursdays June/July
Games at 6 pm and 7:15 pm
Fee: \$45

U-8 BOYS SOCCER (Ages 7 & 8)

Program #3867-D
Mondays/Wednesdays June/July
Games at 6 pm and 7:15 pm
Fee: \$45

U-10 GIRLS SOCCER (Ages 9 & 10)

Program #3867-E
Tuesdays/Thursdays
End of May through July
Fee: \$65

U-10 BOYS SOCCER (Ages 9 & 10)

Program #3867-F
Mondays/Wednesdays
End of May through July
Fee: \$65

U-12 GIRLS SOCCER (Ages 11 & 12)

Program #3867-G
Tuesdays/Thursdays
End of May through July
Fee: \$70

U-12 BOYS SOCCER (Ages 11 & 12)

Program #3867-H
Mondays/Wednesdays
End of May through July
Fee: \$70



Please fill out and return this ticket if you are interested in coaching.

Name _____ Sport _____
Phone number _____ email _____

Cut out and attach to your child's registration form.

Summer baseball & softball—batter's up!

GENERAL INFORMATION

Our baseball/softball program requires travel to other towns. Our home games are played at the Sweden Town Park, Redman Road.

Important! Age as of May 1 determines level of play. A copy of your child's birth certificate is required with registration for children in Juniors level and up.

Attention! Volunteer coaches are needed for all levels of play.

Deadline! The registration deadline is March 1. Pony level registration deadline is April 30.

ONE BASE T-BALL (Ages 3 & 4)

Program #3868-A
Saturdays
May & June
Fee: \$32

COED T-BALL (Ages 5 & 6)

Program #3868-B
Wednesdays/Saturdays
May & June
Fee: \$45

COED JUNIORS (Ages 7 & 8)

Program #3868-C
Tuesday/Thursday/Saturday
May & June
Fee: \$52



Did you know?

The Town of Sweden has seven youth baseball fields and one full-size regulation baseball field at the Town Park on Redman Road. The Town of Clarkson has three adult softball fields at its Town Park on Ridge Road. Interested in your own league? Call 431-0090. Come on out and play ball!

BOYS MINOR (Ages 9 & 10)

Program #3868-D
Tuesday/Thursday/Saturday
May & June
Fee: \$65
Mandatory Evaluation Day: Saturday, April 23 from 9 am to 11:30 am. Location: SCCC.

BOYS MAJOR (Ages 11 & 12)

Program #3868-E
Tuesday/Thursday/Saturday
May & June
Fee: \$75
Mandatory Evaluation Day: Saturday, April 23 from 11:30 am to 1 pm. Location: SCCC.

GIRLS SOFTBALL (Ages 8-12)

Program #3868-F
Monday/Wednesday/Saturday
May & June
Fee: \$75
Mandatory Evaluation Day: Saturday, April 23 from 1 pm to 2:30 pm. Location: SCCC.

PONY LEAUGE (Ages 13 & 14)

Program #3868-G
Tuesday/Thursday/Saturday
June– August
Fee: \$85
Registration deadline: April 30.

Little Steps Play and Learn

Do you have a toddler between the ages of 2-4? Would you like some free time to grocery shop or meet a friend for coffee? Then come join Miss Mary (NYS certified teacher) for simple routines, story time, arts & crafts and enriching games in a place where **creativity** encourages learning, **caring** encourages friendships and a **loving environment** encourages social and emotional growth. Space is limited so sign up early.

Two year old program (need not be potty trained):

| Day | Date | Time | Price |
|-----------------------------|----------|---------------|-------|
| Session I Program #3846-G | | | |
| M & W | 1/20-3/7 | 9:30-10:45 am | \$44 |
| Session II Program #3846-H | | | |
| M & W | 3/9-4/25 | 9:30-10:45 am | \$44 |
| Session III Program #3846-I | | | |
| M & W | 4/27-6/8 | 9:30-10:45 am | \$44 |

Three-four year old program (need not be potty trained):

| Day | Date | Time | Price |
|-----------------------------|----------|-------------|-------|
| Session I Program #3846-J | | | |
| M & W | 1/20—3/7 | 11-12:15 pm | \$44 |
| Session II Program #3846-K | | | |
| M & W | 3/9-4/25 | 11-12:15 pm | \$44 |
| Session III Program #3846-L | | | |
| M & W | 4/27-6/8 | 11-12:15 pm | \$44 |

NO CLASSES February 15 and 17
NO CLASSES March 28 and 30

Before and After School Drop-in Recreation Program

It is our pleasure to offer a safe and secure drop-in before and after school program. Your child will participate in board games, arts & crafts, team sports, open play and use of our outdoor basketball courts, activity rooms, playground and full-size gymnasium.

This drop-in recreation program is designed for children kindergarten—sixth grade. Children may be dropped off in the morning as early as 6:30 am; after school pick-up must be by 6 pm. Parents/guardians must arrange for bus transportation with the Brockport Central School District. Fee schedule is:

Payments made before the 25th of the prior month:
Morning OR afternoon: \$8; both = \$14
Payments made after the 25th of the prior month:
Morning OR afternoon \$10; both = \$19.

Jill's New Year Resolution: To learn how to cross country ski as a new winter outdoor activity.



Tot Shot Floor Hockey

Do you like hockey? Want to learn the basics of how to play? Bring your 4 and 5 year-olds to SCCC to see if you've got the next hockey superstar! Coach Andre will be teaching. Location SCCC gym.

| Day | Date | Time | Price |
|-----------------|-----------|-----------|-------|
| Program #3869-A | | | |
| Mon | 1/11-2/15 | 5-5:45 pm | \$25 |

Tot Instructional Soccer

Is your tot interested in learning the basics of soccer? Come and join Coach Andre! We will learn dribbling, shooting, passing and more. This four-week class is designed to help your child gain a great foundation for the game of soccer. Ages: 4-5. Location: SCCC gym west.

| Day | Date | Time | Price |
|-----------------|-----------|-----------|-------|
| Program #3869-B | | | |
| Mon | 2/22-3/28 | 5-5:45 pm | \$25 |

Youth Floor Hockey

This program will help your child refine the skills that they have already attained. They will learn offense, defense, stick handling, teamwork and some game play. Coach Andre will be teaching the class. Ages: 7-10. Location: SCCC gym.

| Day | Date | Time | Price |
|-----------------|-----------|--------|-------|
| Program #3869-C | | | |
| Mon | 1/11-2/22 | 6-7 pm | \$25 |

Youth Basketball

Players will learn different dribbles, offense, defense and shooting. Improve your skills! Coach Kyle will be teaching the class. Ages: 6-9. Location: SCCC gym.

| Day | Date | Time | Price |
|-----------------|-----------|--------|-------|
| Program #3869-D | | | |
| Mon | 2/22-3/28 | 6-7 pm | \$25 |

Home Alone Safety

This two-hour class is designed to teach children ages 7-12, who are home alone, the importance of behaving responsibly. Topics include, but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of emergencies such as power outages and fires. Location: SCCC conference room.

| Day | Date | Time | Price |
|-----------------|------|---------------|-------|
| Program #3870-A | | | |
| Tuesday | 3/24 | 9:30-11:30 am | \$20 |

Babysitters Training

This class teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and abdominal thrusts for choking victims. Participants receive a workbook and a certification card upon completion. Please bring a bagged lunch and a self-addressed envelope. Location: SCCC conference room.

| Day | Date | Time | Price |
|-----------------|------|--------------|-------|
| Program #3870-B | | | |
| Tuesday | 3/24 | 9 am—2:30 pm | \$45 |

First Aid for Kids/Scouts

Taught by EMTs and Paramedics, this course teaches 8-14 year old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks and treatment for heat and cold emergencies. Also addressed are several common medical emergencies found in many schools today such as: food allergies, diabetes, seizures and asthma. This course meets the requirements for several Boy/Girl Scout badges. Location: SCCC conference room.

| Day | Date | Time | Price |
|-----------------|------|--------------|-------|
| Program #3870-C | | | |
| Tuesday | 3/24 | 12 noon—2 pm | \$18 |

Judo (Juniors)

Join Janet Johnson in a program designed to teach basic techniques and understanding of Kodokan Judo philosophy and principles. Please bring a judo gi if you already have one. They will also be available to purchase through the instructor. Ages: 6-16. Location: Cooper Hall at the College at Brockport

| Day | Date | Time | Price |
|-----------------|----------|---------------|-------|
| Program #3870-D | | | |
| Sat | 1/5-5/30 | 9:30-11:30 am | \$105 |

Leadline I Horseback Riding

Students will ride a horse led by an adult. Basic horse information will be taught as well! Perfect for children interested in horses. Ages 5-8. Max: 3 students per session. Location: Church Hills Stable, Hilton.

| Day | Date | Time | Price |
|--------------------------------------|----------|----------|-------|
| Session I (4 weeks) Program #3871-A | | | |
| Tues | 2/9-2/23 | 6:30-7pm | \$60 |
| Session II (4 weeks) Program #3871-B | | | |
| Tues | 3/1-3/22 | 6:30-7pm | \$60 |

Leadline 2 Horseback Riding

Time to take beginner horseback riding to another level! Students will ride the horse led by an adult. In addition, students will also learn horse care including grooming, tacking and feeding. Ages 7+. Max: 3 students per session. Location: Church Hill Stable, Hilton.

| Day | Date | Time | Price |
|--------------------------------------|----------|--------|-------|
| Session I (4 weeks) Program #3871-C | | | |
| Tues | 2/9-2/23 | 7-8 pm | \$95 |
| Session II (4 weeks) Program #3871-D | | | |
| Tues | 3/1-3/22 | 7-8 pm | \$95 |

Beginner I Youth Horseback Riding

Horseback riding is available to more ages! Students in this class will learn basic riding skills in addition to learning grooming and tacking the horse. Ages 9+. Max: 3 students per session. Location: Church Hills, Stable, Hilton.

| Day | Date | Time | Price |
|--------------------------------------|----------|--------|-------|
| Session I (4 weeks) Program #3871-E | | | |
| Thu | 2/4-2/25 | 6-7 pm | \$95 |
| Session II (4 weeks) Program #3871-F | | | |
| Thu | 3/3-3/24 | 6-7 pm | \$95 |

Beginner 2 Youth Horseback Riding

A continuation of Beginner I. Students will continue to develop riding skills and knowledge of horse care. Beginner I is a prerequisite. Ages 9+. Max: 3 students per session. Location: Church Hills Stable, Hilton.

| Day | Date | Time | Price |
|--------------------------------------|----------|--------|-------|
| Session I (4 weeks) Program #3871-G | | | |
| Thu | 2/4-2/25 | 7-8 pm | \$95 |
| Session II (4 weeks) Program #3871-H | | | |
| Thu | 3/3-3/24 | 7-8 pm | \$95 |

ATTENTION All Horseback Riding

Participants must sign up at least 2 days before the start of the session.

DIY Organic Pet Toys

Are you unsure of what materials are used in store-bought pet toys? Does your dog destroy all of the toys from the store? Show your love for your pet by making organic friendly treats and toys for your animal. Four weeks. Location: SCCC.

| Day | Date | Time | Price |
|-----------------|-----------|--------------|-------|
| Program #3872-A | | | |
| Sat | 2/27-3/19 | 12 noon– 1pm | \$30 |

iPad Classes

Do you have an iPad and want to do more with it? We'll help you get everything set up just right. Each of the classes is independent so sign up for as many as you'd like. Bring your iPad. Ages 15+. Instructor Dr. Trevor Johnson-Steigelman. Location: SCCC Conference Room.

iPad Just Beyond the Basics

You've been using your iPad for a while now but there are some things that you haven't quite mastered yet. Does your iPad make noise at night? How would you find your iPad if it were lost or stolen? We'll fine tune your iPad including security, notifications and other settings.

| Day | Date | Time | Cost |
|-----------------|------|--------------|------|
| Program #3872-B | | | |
| Wed | 2/3 | 6:30-7:30 pm | \$25 |

Reading on Your iPad

We'll look at your options for reading books on your iPad. You can adjust the text and brightness to make things easier to read. You can hold a whole library of books in your hand but you don't have to buy them all. We'll look at sources of free books including the local library. We'll also look at newspapers, magazines and websites to keep you current with the world.

| Day | Date | Time | Cost |
|-----------------|------|--------------|------|
| Program #3872-C | | | |
| Mon | 3/14 | 6:30-7:30 pm | \$25 |

Introduction to Arduino Programming

The Arduino is a microcontroller that can be used to create interactive electronics projects. Originally designed so that artists could use it in their creations, the Arduino platform has become an excellent tool to introduce beginners to the world of interactive electronics.

This series of classes will introduce students to the basics of programming using light emitting diodes (LEDs), switches, sensors and the Arduino microcontroller. Students should take the series in sequence. Classes are taught by Dr. Trevor Johnson-Steigelman who has been

teaching science and technology for over 20 years. Each session has classes that meet one hour per day for three days. Ages 12-14. Location: SCCC.

Series One: Light it up - Program the Arduino to light up LEDs individually, in groups and in different colors. Introduces loops, Pulsed Width Modulation, RGB coloring and variables.

| Day | Date | Time | Price |
|-----------------|------------------|--------|-------|
| Program #3872-D | | | |
| Tues | 2/2 & 2/9 & 2/16 | 5-6 pm | \$60 |

Series Two: Interacting— A continuation of Series One. Use conditional statements and analog inputs to interact with the Arduino.

| Day | Date | Time | Price |
|-----------------|------------------|--------------|-------|
| Program #3872-E | | | |
| Wed | 3/2 & 3/9 & 3/16 | 6:30-7:30 pm | \$60 |

Series Three: Sensing—A continuation of Series Two: Program the Arduino to react to temperature, sound and light. Meets one hour per week for three weeks.

| Day | Date | Time | Price |
|-----------------|--------------------|--------------|-------|
| Program #3872-F | | | |
| Wed | 2/10 & 2/17 & 2/24 | 6:30-7:30 pm | \$60 |

Introduction to Robotics

Learn to build and program robots using Lego® NXT system. Each week learn a new aspect of programming to help your robot complete a new challenge. Each session meets one hour per day for three days. Students should progress from the beginner to immediate then advanced course. Classes are taught by Dr. Trevor Johnson-Steigelman who has been teaching science and technology for over 20 years. Ages 10—14. Location: SCCC.

Beginner Session: Introduction to NXT programming.

| Day | Date | Time | Price |
|-----------------|-------------------|-------|-------|
| Program #3872-G | | | |
| Wed | 2/3 & 2/10 & 2/17 | 5-6pm | \$45 |

Intermediate Session: Using sensors and switches.

| Day | Date | Time | Price |
|-----------------|------------------|--------|-------|
| Program #3872-H | | | |
| Wed | 3/2 & 3/9 & 3/16 | 5-6 pm | \$45 |

Advanced Session: Advanced programming

| Day | Date | Time | Price |
|-----------------|-------------------|--------|-------|
| Program #3872-I | | | |
| Mon | 2/29 & 3/7 & 3/14 | 5-6 pm | \$45 |



Before and After School Drop-in Recreation Program

It is our pleasure to offer a safe and secure drop-in before and after school program! Your child will participate in board games, arts & crafts, team sports, open play and use of our outdoor basketball courts, activity rooms, playground and full-size gymnasium.

This drop-in recreation program is designed for children kindergarten—6th grade. Children may be dropped off in the morning as early as 6:30 am; after school pick-up must be by 6 pm. Parents/guardians must arrange for bus transportation with the Brockport Central School District.

Payment before the 25th of prior month:

Before or After: \$8

Both: \$14

Payment after the 25th of the prior month:

Before or After: \$10

Both: \$19



Before & After School Recreation Program—Safe, Fun, Affordable!

Y O U T H P R O G R A M S

Cooking 101 for Kids

Ms. Mary will introduce children to healthy food choices, kitchen safety and cooking skills while having fun learning a life-skill. Your little chef will prepare delicious kid-friendly recipes to eat and share. They will also create a cookbook to take home. We will explore living with food allergies, proper portion sizes and living a healthy life-style. Ages 5-11. Location: SCCC cafeteria.

| Day | Date | Time | Price |
|-----------------|----------|---------|-------|
| Program #3873-A | | | |
| Sat | 1/16-3/5 | 10-11am | \$42 |

* No classes February 13 and 20.

Tot Bowling—NEW

Are you looking for something during the winter that is fun for your tot to do? We have an idea! Bowling is a fun way for your child and you to spend time together. Each day your tot will get 2 games of bowling and their shoe rental. Location: NEW Brockport Bowl. Ages: 3&4.

| Day | Date | Time | Price |
|---------------------------|---------|------------|-------|
| Session I Program #3873-B | | | |
| Mon | 2/8-4/4 | 12-1:30 pm | \$60 |

* No bowling 3/28

| Day | Date | Time | Price |
|----------------------------|-----------|------------|-------|
| Session II Program #3873-C | | | |
| Wed | 2/10-3/30 | 12-1:30 pm | \$60 |

Open Homeschool Program

Brockport Area Homeschoolers are a group of families with children of all ages that meet weekly at the Community Center to socialize, have fun and take part in regular field trips. This group is not religion based and is friendly to any form of schooling/unschooling or curriculum use. Parental attendance and supervision of children is required. For more information, please call Jamie at 205-3393.

| Day | Time | Price |
|---------|-------------|-----------------|
| Fridays | 12 noon—3pm | \$2/participant |

Tot Ballet

Join dance instructor Grace Lopata-Linn for one of our most popular tot programs! Learn ballet basics while dancing to great music. Perfect for beginners or those with previous experience. Ballet shoes recommended. Ages 3-5. Location: SCCC Large Activity Room 1.

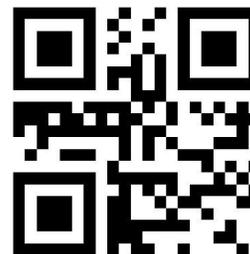
| Day | Date | Time | Price |
|-----------------|-----------|--------------|-------|
| Program #3873-D | | | |
| Tues | 1/12-2/16 | 5:30-6:15 pm | \$30 |

Grant's New Year Resolution: To spend less money on car parts and train to run in a 5K race.

Youth Archery Tag Tournament

Does your child like dodgeball? Archery Tag is a new way to play. It is a safe game played with foam tipped arrows and players wear protective gear. It's the rules of dodgeball with the feel of the Hunger Games! Players will be split into teams and play a game for two hours. Who is the next Katniss Everdeen? Ages: 12-16. Location SCCC gym. Minimum: 20. Maximum: 40.

| Day | Date | Time | Price |
|------------------|------|--------------|-------|
| Program # 3873-E | | | |
| Friday | 2/26 | 6:30-8:30 pm | \$20 |



Private Pitching Instruction NEW

Do your boys want to get serious about becoming a quality pitcher in the years to come? Recreation Assistant Joe Kincaid will teach your son in a one-on-one setting to understand the whole pitching process. We will learn mechanics, technique, posture, footwork, thought process, pitch selection, etc. Location: SCCC gym.

| Day | Date | Time | Price |
|---------------------|------|------|-----------|
| Program # 3873-F | | | |
| By appointment only | | | \$15/hour |

Youth Tae Kwon Do

Ages: 6-12. Location: SCCC Large Activity Room 1. If signing up for both sessions—only \$50 for both! Instructor: Rob Slocum. * No classes 2/15-2/20.

| Day | Date | Time | Price |
|----------------------------|-----------|-----------|-------|
| Session I Program #3873-G | | | |
| M/TH | 1/11-2/18 | 7pm-8pm | \$30 |
| Session II Program #3873-H | | | |
| M/TH | 2/22-3/24 | 7 pm—8 pm | \$30 |

Youth Ballet

Join dance instructor Grace Lopata-Linn for one of our most popular dance programs! Learn ballet basics while dancing to great music. Perfect for beginners or those with previous experience. Ballet shoes recommended. Ages 6-10. Location: SCCC Large Activity Room 1.

| Day | Date | Time | Price |
|-----------------|-----------|-----------|-------|
| Program #3873-I | | | |
| Tues | 1/12-2/16 | 6:15-7 pm | \$30 |

YOUTH REGISTRATION FORM

4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052

Web: swedenclarksonrec.com

| Name | Birthdate | Gender | Pant/Shirt Size | Program Name | Program # | Cost |
|---|-----------|--------|-----------------|--------------|-----------|-------|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| Make Checks Payable To: *Town of Sweden* | | | | | | Total |

Medical Information:

| Name | Please list any allergies, behavioral or medical issues your child's coach should be aware of to make your child's experience as positive as possible. |
|------|--|
| | |
| | |
| | |

Household Information:

| Email | Home Phone | Cell Phone | Work Phone |
|---------|------------|------------|------------|
| | | | |
| Address | City | State | Zip |
| | | | |

Emergency Contact Name:

| Relationship to Child | Home Phone | Cell Phone | Work Phone |
|-----------------------|------------|------------|------------|
| | | | |
| Address | City | State | Zip |
| | | | |

Waiver of Participation/Refund Policy/Photo Release:

Waiver/Refund Policy must be read and signed before registration is accepted. In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: _____ **Date:** _____

Please be sure to have entire form completed.

Incomplete payment or information will cause a processing delay for your child's registration.

Received By: _____ **Date:** _____

ADULT REGISTRATION FORM

4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052

Web: swedenclarksonrec.com

Participant Information:

| | | | |
|----------------|------------------|---------------|--------------|
| Name | Birthdate | Gender | Phone |
| | | | |
| Address | City | State | Zip |
| | | | |

Program Information: (Use Y-S, Y-M, Y-L, A-S, A-M, A-L, A-XL for sizing)

| Program Name | Program # | Shirt Size | Pant Size | Program Cost |
|---|-----------|------------|---------------|--------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Make Checks Payable To: Town of Sweden | | | Total: | |

Medical Information:

| | |
|-------------------|---|
| Allergy/Condition | Please list any information we should be aware of to make your participation as enjoyable and safe as possible. |
| | |
| | |
| | |

Emergency Contact:

| | | | |
|----------------|-------------------|-------------------|-------------------|
| Name | Home Phone | Cell Phone | Work Phone |
| | | | |
| Address | City | State | Zip |
| | | | |

Waiver of Participation/Refund Policy/Photo Release:

Waiver/Refund Policy must be read and signed before registration is accepted. In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: _____ **Date:** _____

Please be sure to have entire form completed.
Incomplete payment or information will cause a processing delay for your registration.

Received By: _____ **Date:** _____

Tot Swim

A swim class for those wee little ones who are not very familiar with the water. In this class, we will learn to enter the pool safely, get our face completely wet, blow bubbles with mouth and nose, back float, front float and hold onto the side of the pool independently. Parent is required to enter pool with child. Infant—4 years old. Max 8.

| Day | Date | Time | Price |
|----------------------------|-----------|-------------|-------|
| Session I Program #3874-A | | | |
| Wednesdays | 1/13-2/24 | 6:30-7 pm | \$40 |
| Session II Program #3874-B | | | |
| Saturdays | 1/16-2/27 | 11-11:30 am | \$40 |

*No classes 2/17 and 2/20

Level I Tetras

Children in this group will work on entering and exiting the pool safely, submerging, changing direction while walking or swimming, floating on front & back and swimming on front & back with support. Ages 5+. Max 6.

| Day | Date | Time | Price |
|----------------------------|-----------|--------------|-------|
| Session I Program #3874-C | | | |
| Wednesdays | 1/13-2/24 | 6:30-7:15 pm | \$40 |
| Session II Program #3874-D | | | |
| Saturdays | 1/16-2/27 | 11-11:45 am | \$40 |

*No classes 2/17 and 2/20

Level II Trout

Children in this group will learn to enter water by stepping or jumping from the side, exit water safely using ladder or side, submerging, rhythmic breathing, opening eyes underwater, picking up objects in shallow water, front and back glide, treading water and swimming on front, back and side using arm and leg motions. Ages 5+. Max 6.

| Day | Date | Time | Price |
|----------------------------|-----------|--------------|-------|
| Session I Program #3874-E | | | |
| Wednesdays | 1/13-2/24 | 6:30-7:15 pm | \$40 |
| Session II Program #3874-F | | | |
| Saturdays | 1/16-2/27 | 11-11:45 am | \$40 |

*No classes 2/17 and 2/20

Level III Goldfish

Children will work on jumping into deep water from the side, submerging and picking up an object in chest deep water, floating in deep water, treading water using hand and leg motions and front and back crawl. Max. 6.

| Day | Date | Time | Price |
|----------------------------|-----------|------------|-------|
| Session I Program #3874-G | | | |
| Wednesdays | 1/13-2/24 | 7:15-8 pm | \$40 |
| Session II Program #3874-H | | | |
| Saturdays | 1/16-2/27 | 12-12:45pm | \$40 |

*No classes 2/17 and 2/20



Level IV Yellow Fins

Children in this group will work on performing a dive from a standing position, swimming underwater, performing feet-first surface dive, treading water with different arm and leg motions, front crawl, breaststroke, butterfly, elementary backstroke and swimming on side using scissor kicks. Max. 6.

| Day | Date | Time | Price |
|----------------------------|-----------|-------------|-------|
| Session I Program #3874-I | | | |
| Wednesdays | 1/13-2/24 | 7:15-8 pm | \$40 |
| Session II Program #3874-J | | | |
| Saturdays | 1/16-2/27 | 12-12:45 pm | \$40 |

* No classes 2/17 and 2/20

Level V Barracuda

Children in this group will work on standing dive, shallow dive, surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, treading water with two different kicks and survival swimming. Max. 6.

| Day | Date | Time | Price |
|----------------------------|-----------|-------------|-------|
| Session I Program #3874-K | | | |
| Wednesdays | 1/13-2/24 | 7:15-8 pm | \$40 |
| Session II Program #3874-L | | | |
| Saturdays | 1/16-2/27 | 12-12:45 pm | \$40 |

No classes 2/17 and 2/20

Andre's New Year Resolution: To find five new chicken dishes to make for dinner.

Adult Co-ed Volleyball League

Pick up your blank roster form at the Community Center. The league will be 10 weeks (10 games) plus playoffs. You must register as a complete team. Ages: 18+ Location: SCCC Gym. There is also a \$10 ref fee per match.

| Day | Date | Time | Price |
|-----------------|-----------|---------|-------|
| Program #3875-A | | | |
| Tue | 1/12-3/29 | 6:15 pm | \$150 |

Private Volleyball Instruction NEW

This is for people of all ages! Do you play in our coed league and want to sharpen the skills you have or are you nervous to play in the league because you're just starting out? Gain the skills you would like to have. Start as basic as you need and work up to the advanced level. Your kids can benefit from this program, especially if they would like to try out for a school team. Instructor: Joe Kincaid. Location: SCCC Gym.

| Day | Date | Time | Price |
|---------------------|------|------|-----------|
| By appointment only | | | \$15/hour |

Yoga Stretch

This class will incorporate yoga poses with the emphasis on stretching. Gentle guidance into breathing awareness will lead you into deep relaxation. Please bring a yoga mat. Instructor: Barb Whited. Ages: 16+. Location: SCCC Large Activity Room 2.

| Day | Date | Time | Price |
|-----------------|-----------|--------|-------|
| Program #3875-B | | | |
| Wed | 1/6- 2/24 | 7-8 pm | \$52 |

Vinyasa Flow Yoga

When life gets in the way and you're feeling stressed and tight, soothe your body and soul with this user-friendly yoga workout. Bring a yoga mat. Instructor: Barb Whited. Ages 16+. Location: SCCC Activity Rm 2.

| Day | Date | Time | Price |
|----------------------------|----------|-----------|-------|
| Session I Program #3875-C | | | |
| Mon | 1/4-2/22 | 6-6:45 pm | \$45 |
| Session II Program #3875-D | | | |
| Mon | 1/4-2/22 | 7-8 pm | \$52 |

Body Sculpting

With upper and lower body working at the same time, you will get a complete body workout. This class will also work on balance, core and a bit of yoga for good measure. Instructor: Barb Whited. Ages: 16+. Location: SCCC Large Activity Room 2.

| Day | Date | Time | Price |
|-----------------|-----------|-----------|-------|
| Program #3875-E | | | |
| Wed | 1/7- 2/24 | 6-6:45 pm | \$45 |

40+ Coed Pickleball League NEW

Must register as a coed team. It will be a basic league format where matchups will be different each week. We do have some paddles for people to use but you are welcome to bring your own. Each team will play a 10-game regular season plus playoffs! Register early because space is limited. Max: 12 teams. Location: SCCC. Ages: 40+. Mandatory team meeting is on January 6.

| Day | Date | Time | Price |
|-----------------|----------|---------|-----------|
| Program #3875-F | | | |
| Wed | 1/13-4/6 | 6:30 pm | \$50/team |

Total Body Workout

Join instructor Chrisa Yaeger in a 45-minute class combining cardio, strength training and core work to get into great shape. All fitness levels welcome Ages: 16+. Location: SCCC Large Activity Room 2.

| Day | Date | Time | Price |
|----------------------------|-----------|------------|-------|
| Session I Program #3875-G | | | |
| M/W | 1/11-2/10 | 12:15-1pm | \$50 |
| Session II Program #3875-H | | | |
| M/W | 2/22-3/23 | 12:15- 1pm | \$50 |

DIY Wood Projects

Leery of woodworking? Want to avoid the cost of hand-made wood items for your home or for gifts? Join Joe Kincaid for some fun and easy wood working projects. Each class features a different project—sign up for one or all! Each participant will leave with the raw piece that they made in class. Ages: 18+. Location: SCCC Small Activity Room. Minimum 2. Maximum: 5. Includes materials.

| Day | Time | Price |
|-------------|------------------------|-----------------|
| Thurs | 6-9 pm | \$75/class |
| January 14 | mounted bottle opener | Program #3876-A |
| January 28 | mason jar wall planter | Program #3876-B |
| February 11 | beer tote | Program #3876-C |
| February 25 | wine rack | Program #3876-D |
| March 10 | coffee mug holder | Program #3876-E |
| March 24 | corner box shelf | Program #3876-F |

* For images of the projects, see our Facebook page.

Adult Beginner Horseback Riding

Students will learn basic riding skills in addition to learning grooming and tack the horse. Ages 18+. Max: 3 students per session. Location: Church Hills Stable, Hilton. Must sign up at least 2 days before session begins.

| Day | Date | Time | Price |
|--------------------------------------|-----------|--------|-------|
| Session I (4 weeks) Program #3875-I | | | |
| Mon | 2/1-2/22 | 7-8 pm | \$95 |
| Session II (4 weeks) Program #3875-J | | | |
| Mon | 2/29-3/21 | 7-8 pm | \$95 |

Pilates Beginner Mat

This is adaptable, low-impact mat work that will challenge your core but is not hard on the body. Use alone as a rejuvenating workout or as conditioning for your other physical activities. Please bring a 1/4" or greater "sticky" mat. Instructor: Laura Scheer. Age min: 18. Location: SCCC Adult Fitness Room I.

| Day | Date | Time | Price |
|-----------------|-----------|-------------|-------|
| Program #3877-A | | | |
| Sat | 1/16-3/12 | 10-10:45 am | \$42 |

Clogging

Clog away the winter blues with instructor Lisa Garino! Both beginners and those more advanced are welcome to learn new steps and join in on the excitement. A great opportunity that will surely keep you moving and learning. Ages 18+. Location: SCCC small activity room.

| Day | Date | Time | Price |
|------------------------------|----------|-----------|-------|
| Beginner Program #3877-B | | | |
| Monday | 1/11-3/7 | 6-6:45 pm | \$40 |
| * No class on 2/15 | | | |
| Intermediate Program #3877-C | | | |
| Monday | 1/11-3/7 | 7-7:45 pm | \$40 |
| * No class on 2/15 | | | |

Beer Brewing 101

Home brewing has become a national trend for people wanting to craft their own beers. This class will assist in providing you the knowledge to start brewing on your own! Local and award winning brewer, cider maker and mead maker Turk Thomas will go through the process step-by-step. Turk is a member of the American Homebrewers Association and Upstate New York Homebrewers Association. Everyone in the class will assist in making the first basic beer—an extract beer. If you want to learn to craft your own beer, this class is for you, plus you will get to take some home! Ages: Must be 21 or older. Location: The Center Dining Room. Minimum: 5 Maximum: 10

| Day | Date | Price |
|--|-----------|-------|
| Program #3877-D | | |
| Sunday | 2/21-3/13 | \$35 |
| Times: 1st & 3rd Sunday will be 1-3 pm | | |
| 2nd & 4th Sunday will be 1-5 pm | | |

Adult Water Fitness

Challenge yourself in a fun workout with instructor Chrisa Yeager.

| Day | Date | Time | Price |
|-----------------|-----------|-----------|-------|
| Program #3877-E | | | |
| Wednesday | 1/13-2/24 | 8-8:45 pm | \$45 |
| * No class 2/17 | | | |



Jazzercise

Register by calling 585-738-3555 or email:

bkpt_spen_jazz@yahoo.com

brockportjazzercise@gmail.com

| | |
|---------------------------|---------|
| M, T, W, Th, F* | 6am |
| Tuesday & Thursday | 7:30 am |
| M, T*, W, Th*, F | 9am |
| Monday, Wednesday, Friday | 4:45pm |
| Tuesday & Thursday | 6pm |
| Saturday, Sunday | 8:30am |

Location: SCCC Large Activity Room.

* Strength 45

Brockport Jazzercise Only

Buy 2 months get 2 months free

(new customers only—students who haven't been to class for three months)

Zumba

Ditch the workout and join the party! Burn up to 1,000 calories in this fun and exciting blend of international based music and dance. Zumba combines dance moves and muscle-toning exercises to create the perfect total body workout. This class is designed for all fitness levels and no dance experience is needed. Come shake it...and bring plenty of water! Ages 16 & up. Price \$5 per class; five-class pass for \$20 or 10-class pass for \$40. Location: SCCC Large Activity Room 2.

Wednesdays 6:30—7:30pm

Zumba Toning

A unique blend of body-sculpting techniques and the Zumba moves you love combined into one calorie-burning, strength training class. We will use light weights to build strength and tone all those target areas, all while having fun! Great for men and women of all fitness levels. Ages 16 & up. Price \$5 per class; five-class pass for \$20 or 10-class pass for \$40. Location: SCCC Room 2.

Mondays 7-8pm

A D U L T P R O G R A M S

Judo (Adult)

Join Janet Johnson in a program designed to teach basic techniques and understanding of Kodokan Judo philosophy and principles. Please bring a judo gi if you already have one. They will also be available for purchase through the instructor. Ages 16+. Location: Cooper Hall at the College at Brockport.

| Day | Date | Time | Price |
|-----------------|----------|--------|-------|
| Program #3877-F | | | |
| Tue/Thu | 1/5-5/30 | 7-9 pm | \$165 |

Adult Tae Kwon Do

Experience the benefits of setting new goals through a well-rounded Martial Arts exercise program. This class teaches the disciplines of Tae Kwon Do plus Shao-lin China Kung Fu specifically designed for adults. Instructor: Rob Slocum. Location: SCCC Large Activity Room 1. Ages 12+. Take both sessions, fee is \$50 for both.

| Day | Date | Time | Price |
|----------------------------|-----------|--------|-------|
| Session I Program #3877-G | | | |
| Tues/Fri | 1/12-2/19 | 7-8 pm | \$30 |
| Session II Program #3877-H | | | |
| Tues/Fri | 2/23-3/25 | 7-8 pm | \$30 |

* No classes 2/15—2/20

Personal Training

If you need individual attention and a workout program designed for you, our personal training program is the right fit. Do you need help familiarizing yourself with the equipment? Sign up for a lesson with a personal trainer. A trainer will provide you with information, feedback, testing and a workout designed to meet your needs. Location: SCCC gym/fitness center. Ages 16+. Rates starting at \$10! Please contact Grant for more information and to schedule a session. Call 431-0087 or email granth@townofsweden.org

Group Ex Training

Come with a partner or a group of people. Training primarily involves moving from one station to another in set periods of time. Each interval varies from 1-3 minutes alternating between strength and cardio. Cardio work can include Step, Hi/Lo Aerobics or Cardio variations; Strength work can include physio balls, bands, mat exercises, med balls, dumbbells, body weight exercise and more.

Please contact Grant Holupko for more information and to set up a time. Call 431-0087 or email: granth@townofsweden.org

2015 Fitness Center Memberships

| Membership | 1 month | 3 month | 1 year |
|-------------------|---------|---------|--------|
| Youth (16-18) | \$20 | \$50 | \$175 |
| Senior (55+) | \$20 | \$50 | \$175 |
| Adult (18-54) | \$25 | \$65 | \$235 |
| Family (16+)* | \$75 | \$185 | \$640 |
| Each add'l family | \$15 | \$35 | \$115 |

*Family membership covers up to four people who reside at the same residence. Need help getting started with the equipment? Email Grant Holupko at granth@townofsweden.org for information.

Daily Rates for out-of-town guests: \$10 adult; \$8 senior

Sew-a-thon

This is a beginners class in sewing. Learn to quilt, share stories, tips and have a great time. All ages. No supplies needed. Instructor: Erica Wilson.

| Day | Date | Time | Price |
|-----------------|-----------|--------------|-------|
| Program #3877-I | | | |
| Sat | 2/27-3/19 | 12 noon-1 pm | \$30 |

SilverSneakers® programs are designed for older adults to increase energy, improve balance, increase strength and flexibility and to meet new people. When you enroll in SilverSneakers® you receive fitness center membership and class opportunities at both the Sweden/Clarkson Community Center and The Center. All activities are covered by your insurance company and simple swipe of your SilverSneakers® card. Classes at the Sweden/Clarkson Community Center are as follows:

| Day | Time | Type |
|-----------|-----------|---------|
| Monday | 11am-12pm | Classic |
| Tuesday | 10am-11am | Cardio |
| Tuesday | 11am-12pm | Yoga |
| Wednesday | 11am-12pm | Classic |
| Thursday | 10am-11am | Cardio |
| Thursday | 11am-12pm | Yoga |
| Friday | 11am-12pm | Classic |

Silver & Fit participants will receive a fitness center membership covered by your insurance company. Stop in and

Senior Bingo

One Wednesday per month in the fall. Time is 12 noon—2 pm. Cost is \$2/card. A Wegman's sub tray lunch is included. Prizes awarded! Location: SCCC
Dates: January 20, February 17, and March 16

Joe's New Year Resolution: To find Waldo and Carmen San Diego.

Beginning Drawing

Learn basic drawing skills: value scale, materials, a little bit of art history. You will learn a real skill set! Students should bring the following materials: a set of five pencils, kneadable eraser, paper and pencil sharpener. Instructor Sarah Hart. Sarah was academically trained in Paris and Italy. She teaches drawing and painting at the MAG in Rochester. Ages: 16+. Location: SCCC.

| Day | Date | Time | Price |
|-----------------------------|-----------|---------|-------|
| Session I Program #3877-J | | | |
| Monday | 1/11-2/1 | 7-9 pm | \$50 |
| Session II Program #3877-K | | | |
| Monday | 2/22-3/14 | 7-9 pm | \$50 |
| Session III Program #3877-L | | | |
| Saturday | 2/27-3/19 | 9-11 am | \$50 |



Snowboard and Ski Lessons

Ages 5+. Includes: three 1-hour lessons at Northampton Park with rental and one lift ticket for Northampton Park after the program ends. Rental equipment includes boots and skis or boards. Helmets are not available to rent. Students must arrive 45 minutes prior to class for paperwork and sizing of boots and equipment on the first scheduled lesson. Students may not switch from learning to ski/board to the other. Classes are held rain or shine.

| Day | Date | Time | Price |
|-----------------|-----------|---------|-------|
| Program #3877-M | | | |
| Sat | 1/16-1/30 | 2:30 pm | \$80 |

* Register before January 10, 2016

Season Passes

As an exclusive deal only through Sweden Clarkson Recreation, season passes to Northampton Park are only \$89. Season passes also include one lift ticket to Swain and are valid at both Northampton Park and Powder Mills Park. For more information, call 431-0090.

Father/Daughter Valentine's Day

Bowling Date! - NEW

We are holding a father/daughter event on Valentine's Day at Brockport Bowl. Each pair will bowl three games; includes shoe rental and lunch. Please register before Friday, February 5. Dads, come out and spend some quality time with your daughters on Valentine's Day. Max: 30 pairs. Location: Brockport Bowl.

| Day | Date | Time | Price |
|-----------------|------|--------------|-------|
| Program #3877-N | | | |
| Sun | 2/14 | 12 noon-4 pm | \$50 |

Open Tae Kwon Do

This class is open to children and adults. It is a great opportunity to get an introduction to Martial Arts and to complement our current students' training schedule. The first part of this class includes warm up, basics and stretching. The second part includes training to advance in belt rank. Ages: 5 to adult. Instructor: Rob Slocum. Location: SCCC Large Activity Room 1.

| Day | Date | Time | Price |
|-----|------|------|-------|
|-----|------|------|-------|

Session I Program #3877-O

| | | | |
|-----|-----------|-----------|------|
| Sat | 1/16-2/20 | 9am-10 am | \$10 |
|-----|-----------|-----------|------|

Session II Program #3877-P

| | | | |
|-----|-----------|-----------|------|
| Sat | 2/27-3/26 | 9am-10 am | \$10 |
|-----|-----------|-----------|------|

* No classes 2/15—2/20

Learn to Skate

Join the Campus Recreation Instructional Program staff at the College at Brockport and learn to ice skate! Participants are split up into age groups dependent on skill level. Instruction includes safety, skating posture, balance, proper use of equipment and other skating skills. Participants skate for free after the lesson during Public Skate. Ages 5 – adult. Max: 30. Location: Tuttle Ice Arena. * Skate rentals are available for \$18 for six weeks.

| Day | Date | Time | Price |
|-----|------|------|-------|
|-----|------|------|-------|

Program # 3877-Q

| | | | |
|-----|----------|--------|------|
| Sun | 1/31-3/6 | 2-3 pm | \$77 |
|-----|----------|--------|------|

Open Programs

Walking/Running

| | | |
|---------------|------------|------|
| Monday—Friday | 9 am—10 am | FREE |
|---------------|------------|------|

Open Basketball

| | | |
|---------------|----------|----------------------------------|
| Monday—Friday | 12pm—3pm | \$1/\$2 resident/non-resident |
|---------------|----------|----------------------------------|

Open Pickleball

| | | |
|---------------|-------------|-----------------------|
| Monday—Friday | 10am-12noon | \$1/\$2 |
| Saturdays | 3pm-5pm | resident/non-resident |

Open Volleyball

| | | |
|---------|--------------|-----|
| Fridays | 6:30-8:30 pm | \$2 |
|---------|--------------|-----|

Toddler Gym

For ages 5 & under ONLY. \$2
Children must be accompanied by an adult.

Please call for availability and to confirm open gym times. Any open gym/play times may be altered to accommodate special events or times that have been reserved for private use.

Dining at the Center

Lifetime Assistance serves lunch daily Monday—Friday at noon. This Monroe County Office of the Aging program suggests a donation of \$3—\$6 for seniors. Participants under 60 who are not active volunteers must contribute \$6 for lunch. Reservations are required two weeks in advance at 637-8161. Find the monthly menu at swe-denclarksonrec.recdesk.com under The Center tab.

Breakfast at The Center

The Center will be serving a home-cooked breakfast on January 1, February 18, March 17 and April 28. Breakfast costs \$4 per person and is served from 9:30 am to 10:30 am. Reservations are not required but are appreciated. Please call 637-8161 to make reservations.

Lunch Events at The Center

New Year Luncheon

Jan 8 11:30—1 pm (RSVP by 12/30) \$5 all ages
Silver Sneakers presentation and fall kick-off.

Birthday Luncheon

Jan. 27 11:30—1 pm (RSVP by 1/21) \$5 all ages
FREE for anyone who has a birthday in January

Valentine's Luncheon

Feb. 12 11:30—1 pm (RSVP by 2/5) \$5 all ages

Birthday Luncheon

Feb. 24 11:30—1 pm (RSVP by 2/18) \$5 all ages
FREE for anyone who has a birthday in February

St Patrick's Luncheon

March 11 11:00—1 pm (RSVP by 3/4) \$5 all ages

Birthday Luncheon

March 23 11:30—1 pm (RSVP by 3/17) \$5 all ages
FREE for anyone who has a birthday in March

April Luncheon

April 8 11:30—1 pm (RSVP by 4/1) \$5 all ages

Birthday Luncheon

April 20 11:30—1 pm (RSVP by 4/14) \$5 all ages
FREE for anyone who has a birthday in April

The Center Fitness Room

Come check-out our fitness center with a beautiful view of the canal. Price: \$5 per month or \$3.50 per month if purchasing a one-year membership in advance.

Tai Chi Qigong Shabashi

Tai Chi is primarily practiced today to improve health and increase energy as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr. Location: The Center. Price per session is \$40 for 18-59 years; \$33 for 60+.

| Day | Date | Time |
|-----|------|------|
|-----|------|------|

Session I Program #3866-E

| | | |
|--------|-----------|--------|
| Monday | 1/11-3/14 | 2-3 pm |
|--------|-----------|--------|

* No class 1/18 and 2/15

Open Tai Chi

Tai Chi is primarily practiced to improve health, increase energy as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest, tensest person the opportunity to relax and strengthen the body without risk of strain or injury. Instructor: Jane Harr. Location: The Center Upstairs Activity Room.

| Day | Date | Time | Price |
|-----|------|------|-------|
|-----|------|------|-------|

Program #3845-A

| | | | |
|----------|--|------|-----------|
| Mon & Fr | | 1 pm | \$1/class |
|----------|--|------|-----------|

Tai Chi Beginner Form 6

Tai Chi is primarily practiced to improve health, increase energy as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest, tensest person the opportunity to relax and strengthen the body without risk of strain or injury. Instructor: Jane Harr. The Center. Price is \$40 for ages 18– 59; \$33 for 60+.

| Day | Date | Time |
|-----|------|------|
|-----|------|------|

Session I (Form 6) Program #3866-D

| | | |
|-----|-----------|--------|
| Fri | 1/22-3/18 | 2-3 pm |
|-----|-----------|--------|

* No Class February 19

Open Wii Bowling

Not just for kids! Wii bowling is surprisingly easy to learn and lots of fun to play. Sit or stand while throwing strikes, spares and maybe a few gutter balls on our virtual alley. Sue Wii remotes to mimic the movement of throwing a real ball. Location: The Center Cafe

| Day | Time | Price |
|-----|------|-------|
|-----|------|-------|

| | | |
|----------|--------|-----------------|
| Tuesdays | 1-2 pm | \$1 at the door |
|----------|--------|-----------------|

* Starts January 12 and runs until March 22. Come to all or just a few days during the three-month cycle!

Community Service Groups

If you have a community service group looking for a place to gather, please contact The Center office at 637-8161 to see what times and spaces are available.

Stretch & Tone

Stretch & Tone is a stretching class with bands that helps keep you limber and strong. Instructors: Joyce Henion & Barb Carter. Walk-ins: \$1 per class.

| Day | Time | Price |
|-----------------|--------|-----------|
| Program #3775-A | | |
| Mondays | 1-2 pm | \$1/class |

Agape Thera-Band Class

Agape Physical Therapy offers this introductory class for stretching and toning with therapy bands that help keep you limber and strong or aids in the recovery of injuries or surgery. Walk-ins: \$1 per class

| Day | Time | Price |
|-----------------|---------------|-----------|
| Program #3819-A | | |
| Thursdays | 12:30-1:30 pm | \$1/class |



SilverSneakers® programs are designed for older adults to increase energy, improve balance, increase strength and flexibility and to meet new people. When you enroll in SilverSneakers® you receive fitness center membership and class opportunities at both the Sweden/Clarkson Community Center and The Center. All activities are covered by your insurance company and simple swipe of your SilverSneakers® card. Classes at The Center are:

| Day | Time | Type | Instructor |
|------|---------------|---------|--------------|
| Tues | 9:45-10:45 am | Classic | Ricki DeBaun |
| Tues | 11-11:45 am | Yoga | Ricki DeBaun |
| Fri | 9:45-10:45 am | Classic | Ricki DeBaun |
| Fri | 11-11:45 am | Yoga | Ricki DeBaun |

Non-SilverSneakers® or Silver & Fit Members may pay \$2 per class to participate or purchase a 5-class punch card for \$10.

Give-A-Lift Program

The Give-A-Lift Program offers transportation to individuals needing a way to and from appointments and who are unable to secure a ride for themselves. Anyone over the age of 18 qualifies to use Give-A-Lift.

Call The Center at 637-8161 between 10 am—2 pm, Monday-Friday to schedule a ride or get more information on becoming a volunteer driver.

Elderberry's Group (Adults 55+)

Come join a wonderful group of seniors and enjoy games and activities for an hour followed by a casual lunch. Special events and trips are planned throughout the year at an additional cost to interested Elderberry members. Lead by Joyce Henion.

| Day | Time | Price |
|--------------------|----------|-----------|
| 1st & 3rd Thursday | 10am-1pm | \$12/year |

Quilting

Can you tie a knot? That's all the expertise you need to help us make quilts for homeless, battered and needy families in our area. All ages welcome. Location: The Center.

| Day | Time | Price |
|---------|-----------|-------|
| Mondays | 9am-12 pm | FREE |

Community Sewing Group

Help us make quilts for homeless, battered and needy families in our area. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just an hour or two. Location: The Center.

| Day | Time | Price |
|-----------------|---------|-------|
| 2nd & 4th Thurs | 9am-2pm | FREE |

Knitting Club

Meet to knit and crochet items for area cancer patients. We provide the yarn, donations gratefully accepted. Location: The Center Cafe.

| Day | Time | Price |
|-----------|-----------|-------|
| Wednesday | 10am-12pm | FREE |

Dresses for Girls Around the World

Help us make dresses for needy and underprivileged girls in our own country and around the globe. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just for an hour or two. Location: The Center Upstairs Room.

| Day | Time | Price |
|--------------|---------|-------|
| 4th Thursday | 9am-2pm | FREE |

Sweden Senior Association, Inc.

Monthly meetings are held on the 2nd Monday from 1-2 pm. Participate in senior activity planning. Location: The Center. Always free to attend.

Sweden Senior Singers

Join our active, enthusiastic and dedicated group of seniors (and non-seniors) who love to sing! The Sweden Senior Singers are directed by Maryellen Giese and perform at local care centers, with school choruses of all ages, and for our community. Rehearsals run September through May and follow the school calendar. Call 637-8161.

| Day | Date | Time | Price |
|-----|------|------|-------|
|-----|------|------|-------|

Program # 3866-L

| | | | |
|------|----------|--------------|------|
| Wed. | 1/6-5/11 | 9:30-11:30am | \$15 |
|------|----------|--------------|------|

- No rehearsals 2/10, 2/17 and 3/30
- Last rehearsal is April 27; with final performance on May 11 from 11 am—1 pm at The Center

Bingo at The Center

Come join us for BINGO every Monday from 11 am—noon. All ages welcome. Prizes! No registration required.

| Day | Time | Price |
|-----|------|-------|
|-----|------|-------|

| | | |
|-----|-----------|-----|
| Mon | 11am-12pm | \$1 |
|-----|-----------|-----|

Organized Games for Adults

Come make new friends or join with old friends for cards. The cost is \$1 at the door each time you attend.

| Day | Game | Time |
|-----|------|------|
|-----|------|------|

Program #3812-B

| | | |
|-----------|--------|------------|
| Wednesday | Bridge | 12:30—4 pm |
|-----------|--------|------------|

Baking Club

Join us every Monday from 12:30—2pm to bake and socialize. During January, February and March we will bake cinnamon rolls, healthy breads and muffins, cookies and other delicious treats. We sell our creations at The Center and at The Community Center. Participation in the baking group is FREE and you get to take home a snack!

Baking donations and suggestions are welcome! Please call Jennifer Lapinski at 637-8161 for more information or to discuss baking ideas!

Book Discussion Club

Share your passion for reading with friends!

| Day | Time | Price |
|-----|------|-------|
|-----|------|-------|

| | | |
|-------------|------------|-------------|
| 1st Mondays | 12—1:30 pm | \$1/meeting |
|-------------|------------|-------------|



Beginner Line Dancing Lessons

Have you been interested in learning to Line Dance but never took the time or wanted to spend the money to do so? Now is your opportunity! All you need is an hour and \$1 to learn the basics of line dancing in a comfortable, friendly environment. All ages are welcome. Bring comfortable shoes. Instructed by Midge Warren and Assistant Nancy Breslawski. Location: The Center.

| Day | Time | Price |
|-----|------|-------|
|-----|------|-------|

Program #

| | | |
|-----------|-------------|-----|
| Thursdays | 10-10:45 am | \$1 |
|-----------|-------------|-----|

No class 3/17

Advanced Line Dancing

Different dances each week. All ages welcome. Location: The Center.

| Day | Time | Price |
|-----|------|-------|
|-----|------|-------|

| | | |
|------------|---------------|-----|
| Wednesdays | 9:15-10:30 am | \$1 |
|------------|---------------|-----|

Cooking Demos

Come join us for food and fun! Learn healthy alternatives in cooking and enjoy the company of old and new friends alike. All meals are healthy and made in under 30 minutes. Demos will be held in the dining room at The Center and will be taught by our chef. Cost is \$1 per person and can be paid at the door. No registration is required and all ages are welcome. Call Jennifer Lapinski at 637-8161 with questions about the cooking demos or any of our food programs offered at The Center.

| Date | Time | Demonstration Menu |
|------|------|--------------------|
|------|------|--------------------|

| | | |
|------------|-------|--------------------|
| January 14 | 11 am | Chicken Tortellini |
|------------|-------|--------------------|

| | | |
|-------------|-------|--------------------------|
| February 16 | 11 am | Chinese Chicken Stir-Fry |
|-------------|-------|--------------------------|

| | | |
|---------|-------|-------------------------------|
| March 9 | 11 am | Grilled Vegetable Quesadillas |
|---------|-------|-------------------------------|

Safety Workshops

All workshops are free and open to the public. Refreshments are provided. Call with 637-8161 for information.

January 13 11:30—12:30

Monroe County Sheriff's Office will discuss scam and fraud prevention.

January 27 11—12 noon

Art Mason from Elder Source will discuss how to recognize and prevent elder abuse.

February 12 11—12 noon

An expert in reverse mortgages will discuss how reverse mortgages work and if one may be the right choice for you or a loved one.

March 17 10—11 am

Ann Olin will discuss the issue of older adults and substance abuse.

iPad Classes

\$25 per class or 3 classes for \$60 when registered at the same time. Do you have an iPad and want to do more with it? We'll help you get everything set up just right. Each of the classes is independent so sign up for as many as you'd like. Bring your iPad. Ages 15+. Instructor Dr. Trevor Johnson-Steigleman. Location: The Center.

iPad Just Beyond the Basics You've been using your iPad for a while now but there are some things that you haven't quite mastered yet. Does your iPad make noise at night? How would you find your iPad if it were lost or stolen? We'll fine tune your iPad including security, notifications and other settings.

| Day | Date | Time | Program | Cost |
|------|------|--------|---------|------|
| Tues | 1/12 | 1-2 pm | #3866-F | \$25 |
| Tues | 3/22 | 1-2 pm | #3866-G | \$25 |

Reading on Your iPad We'll look at your options for reading books on your iPad. You can adjust the text and brightness to make things easier to read. You can hold a whole library of books in your hand but you don't have to buy them all. We'll look at sources of free books including the local library. We'll also look at newspapers, magazines and websites to keep you current with the world.

| Day | Date | Time | Program | Cost |
|-----|------|--------|---------|------|
| Wed | 1/13 | 1-2 pm | #3866-H | \$25 |
| Wed | 3/23 | 1-2 pm | #3866-I | \$25 |

Communicating with the iPad You're travelling but you'd like to see the kids or grandkids. Maybe you have a job interview coming up. When was the last time you saw family from another state or country? Did you know that there are several ways to video-chat with others? We'll investigate your options and get you started with Skype and FaceTime.

| Day | Date | Time | Program | Cost |
|-------|------|--------|---------|------|
| Thurs | 1/14 | 1-2 pm | #3866-J | \$25 |
| Thurs | 3/24 | 1-2 pm | #3866-K | \$25 |



Mystery Tour—Rediscover Buffalo

Includes: guided city tour, lunch and Holland Land Office Museum tour.

January 20 \$75 per person

Rochester City Tour and More

Includes: guided city tour, Ebony Fashion exhibit at the Memorial Art Gallery, lunch and Artisan Works tour.

February 17 \$85 per person

Corning Museum of Glass & Rockwell Museum

Includes: tours of both museums and \$15 food voucher.

March 16 \$85 per person

Musical Tribute Shows in Niagara Falls, Canada

April 5 Night Fever: Abbamania & Bee Gees

April 27 The Legendary Monroe Powell & His Salute to the Platters

Cost: \$90 per person per trip

Cincinnati Ohio Flower Show

April 13—16, 2016



4 days/3 nights/3 breakfasts/lunch/3 dinners

Price per person:
\$1,145 single/\$905 double/\$815 triple

Package Includes:

- 3 nights first class lodging
- Tickets for Cincinnati Flower Show
- Luncheon Cruise with gardening expert
- Time for Main Strasse Village
- Dinner at the Newport Syndicate
- "Swing into Spring" Musical Review
- Flower Power Dinner Show
- Creation Museum
- Tour Hillforest Mansion
- Visit to McCabe's Greenhouse & Floral
- Luggage handling
- All taxes and meal gratuities
- Motorcoach transportation
- Trip insurance provided for your convenience

\$50 per person deposit due at time of reservation. Balance due: February 28. For more information call Carpe Diem at 295-9393 ext. 235.

Sweden Dog Park Information

- Where is the Sweden Dog Park?

It's located at the Sweden Town Park, Redman Road, just south of Nietopski Field.

- Who can use the dog park?

Registered members of the Monroe County Dog Parks system will receive a tag that is valid at all four dog parks in the Monroe County.

- How much does it cost to register my dog?

The annual fee for access to all Monroe County Dog Parks is \$24 per dog (\$25 if paying by credit/debit card).

- Where/when can I register my dog?

There are many options. The Monroe County Parks Department will be registering dogs at the Sweden/Clarkson Community Center, 4927 Lake Road, on Wednesdays December 9, 16 and 30 from 5-7 pm; thereafter at the Community Center once a month. Registration is also taken Monday—Friday, 8:30 am—4:30 pm at the Monroe County Parks Office, 171 Reservoir Avenue, Rochester. There are also registration events at the other dog parks and pet stores. See the Monroe County website for an up-to-date schedule: www.monroecounty.gov/parks Call 753-7275 for more information.

- What do I need to bring with me for registration?

Current copy of your dog license with current address and copy of current rabies certificate (documentation, not tags). Please do not bring your dog with you when registering at the Sweden/Clarkson Community Center.

- How long does registration take?

Only 5-10 minutes.

- How long is the registration valid?

The permit is annual. Any registration processed after October 1 is valid through the following year. Any registration before October 1 is valid only until the end of the current year. Monroe County will mail renewal packets to currently registered dog park members annually in late November.

- How is the dog park fee used?

Half the fees collected from dogs that live in the Town of Sweden go to the Monroe County Dog Park Trust Fund. The other half is returned to the Town of Sweden for upkeep of the Sweden Dog Park.

- What are the benefits of dog parks?

Providing a legal recreational outlet for dog owners who want to exercise and socialize their dogs in a safe, leash-free environment; preventing unwanted encounters between unleashed dogs and other park users; providing people with limited mobility the opportunity to exercise their dogs in a safe, accessible place; and bringing people together to promote a greater sense of community.



Supervisor **Rob Carges** and Dexter visit the dog park. All are welcome but must register with Monroe County.

Monroe County Dog Park Rules

- All dogs must be licensed and have rabies vaccine
- All dogs must have a dog park permit
- No other animals allowed
- Limit of 3 dogs per person at one time
- No children under the age of 10
- Small dog area is for dogs 25 pounds or less
- Dog owner is responsible for waste clean-up
- Dog owner is responsible for filling holes
- Dog owner must have voice control over dog(s)
- No food or dog treats allowed in dog park
- No smoking, alcohol or glass containers
- No wheeled vehicles (except wheelchairs)
- No puppies under 6 months of age
- No dogs in heat or that are ill or injured
- No choke collars or spikes



Megan's New Year Resolution: Take time out of my busy schedule to read more books and spend more time outdoors.

Community Center

| Space Available | 1st Hour Resident | 1st Hour Non-Resident | Additional Hour |
|---------------------|-------------------|-----------------------|-----------------|
| Full Gym | \$75 | \$150 | \$50 |
| Half Gym | \$50 | \$75 | \$25 |
| Large Activity Room | \$25 | \$55 | \$15 |
| Small Activity Room | \$25 | \$50 | \$25 |
| Cafeteria/kitchen | \$50 | \$75 | \$25 |
| Game Rooms | \$25 | \$50 | \$25 |

Sweden Town Park

| Park Available | Resident Fees | Non-Resident | Field Preparation Security Deposit | Amenities | Whom to Call |
|---------------------------|--|--|---|---|-----------------------|
| Sweden Park Redman Rd | Football \$50/ field Other \$30/ field 3 hour block | Football \$75/ field Other \$50/ field 3 hour block | Football \$50 All Others \$20 Per Field Per Day | Football, soccer Lacrosse, softball baseball fields | Rec Dept. 431-0090 |
| Sweden Park Lighted Field | \$125/field 3 hour block | \$175/field 3 hour block | \$20/field Per day | Lighted multi- purpose field | Rec Dept. 431-0090 |
| Nietopski Field | \$50/3 hours | \$75/3 hours | \$50/day | Showcase Baseball field | Rec Dept. 431-0090 |
| Nietopski Concession | \$35/day | \$45/day | \$25 | Grill, sink, coolers fridge/freezer | Rec Dept. 431-0090 |
| Covered Pavilion | \$25/day | \$35/day | \$15 | Grill/picnic tables | Rec Dept. 431-0090 |

The Center

| Space Available | 1st Hour Resident | 1st Hour Non-Resident | Additional Hour |
|---------------------|-------------------|-----------------------|-----------------|
| Upstairs or Octagon | \$25 | \$35 | \$15 |
| Dining Room | \$35 | \$45 | \$15 |
| Kitchen | \$45 | \$55 | \$15 |
| Dining & Kitchen | \$55 | \$65 | \$15 |
| Cafe | \$25 | \$35 | \$15 |
| Gazebo | FREE | \$25 deposit | N/A |

Clarkson Parks

| Park Available | Resident Fees | Non-Resident | Field Prep/Security Deposit | Amenities | Whom to Call |
|---------------------------------|---|--|---|--|------------------------------------|
| Clarkson Hafner Park | Football \$50/field Other \$30/field 3 hour block | Football \$75/field All others \$50/ field per 3 hour block | Football \$50 All Others \$20 Per Field/Day | Football, soccer Lacrosse, softball, baseball fields | Rec Dept. 431-0090 |
| Clarkson Ridge Road Park | \$30/field for 3 hrs 8 am-10 pm | \$50/field for 3 hrs 8 am-10 pm | \$20/field/day | Softball fields, lacrosse | Rec Dept. 431-0090 |
| Ridgewood Lodge Ridge Road Park | \$150/day 8 am-10 pm | \$150/day 8 am-10 pm | N/A | Kitchen, restrooms playground, tables chairs, accessible | Clarkson Town Clerk 637-1130 |
| Goodwin Lodge Hafner Park | \$130/day 8 am-10 pm | \$130/day 8 am-10 pm | N/A | Kitchen, restrooms playground, tables chairs, accessible | Clarkson Town Clerk 637-1130 |
| San Soucie Park | FREE No reservations available | FREE No reservations available | N/A | Located on Erie Canal, Clarkson | Clarkson Town Clerk 637-1130 |

Farmers Museum

| Space Available | 1st Hour Resident | 1st Hour Non-Resident | Additional Hour |
|--|-------------------|-----------------------|-----------------|
| Two parlors & kitchen | \$25 | \$30 | \$15 |
| Barn | \$40 | \$45 | \$15 |
| Funeral Package 2-hour rental of 2 parlors & kitchen | \$50 | \$55 | \$15 |

JOIN IN OUR RECREATION FUN

